Instructions for use - English







SWL: 300 kg/661 lbs



# **EasyGlide** System RoMedic

# Instructions for use - English

EasyGlide, oval is a sliding board which is used for supine transfers from one bed or stretcher to another but also for positioning higher up in the bed. EasyGlide, oval can also be used to assist placement of a lifting sling both in the recumbent and in seated positions.

The rounded shape and the smooth, low-friction top surface provide for easy sliding transfers and make the sliding board very easy to position and remove.





# N Functional inspection

# 🗓 Always read the user manual

Check the condition and function of the assistive device regularly. Check to ensure that material is not worn or faded. If there are signs of wear, the product must be discarded.



#### Stability test

Carefully bend the assistive device to check strength and durability. The board should be both elastic and rigid. Discard the EasyGlide when its strength and durability are diminished. Always read the manuals for all assistive devices used during a transfer. Keep the manual where it is accessible to users of the product. Always make sure that you have the right version of the manual. The most recent editions of manuals are available for downloading from our website, www.directhealthcaregroup.com.

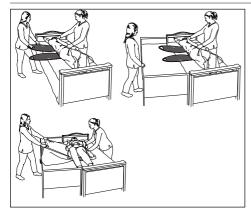


# Important information



For the sake of safety, both underlying surfaces should be firm when transferring between bed and gurney. Max. weight of 135 kg applies for a distance of max. 5 cm. Do not leave the user unattended during a transfer situation.

#### Transfer from bed to bed



#### Removal

The transfer slides are removed by grasping the handles and drawing outward. Prevent the user's body from moving by holding the user as the slides are pulled out.

The EasyGlide is placed under the hips and shoulders. The user is turned on one side. A draw sheet can be used to facilitate the transfer. Guide the EasyGlide in under the user, between the bed sheet and the draw sheet. Press the EasyGlide down into the mattress somewhat and push in. Ensure that the weight of the hips and shoulders is centred on the EasvGlide.

NOTE! If two or more transfer slides are used, take care to ensure that the skin is not pinched between the transfer slides.

#### Transfer on transfer slides.

Place the transfer slide between the two underlying surfaces. By using a draw sheet, the caregiver's reach is extended, allowing a better working stance.

Make sure the transfer slides are between the two underlying surfaces and that the gap between the beds does not exceed 5 cm. Lean the user towards the transfer slides and pull the draw sheet to transfer the user.

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### Repositioning higher up in bed



Place the sliding boards lengthwise under both sides of the user. They should cover the shoulders and the entire back, down to the tail bone. The sliding boards should be placed far enough in under the user so that they meet in the middle, under the user.

Standing in a walking stance, one on either side of the bed, the caregivers grasp the handles, and then step in the direction of transfer

# Application of the sling in a seated position

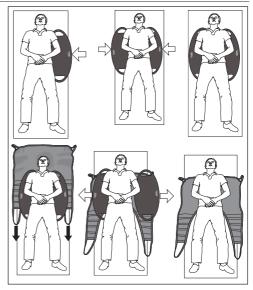


Place two EasyGlides behind the user, between the user's back and the wheelchair backrest.

Then, place the sling between the two sliding boards, taking care to ensure that the middle of the sling is aligned with the user's spine. Grasp the sling and pull it into place behind the user.

When the sling has been pulled down far enough, remove the sliding boards and apply the leg sections (see the user manual for the sling model that is being used).

# Application of the sling in a recumbent position



Place the sliding boards lengthwise under both sides of the user. They should cover the shoulders and the entire back, down to the tail bone.

The sliding boards should be placed far enough in under the user so that they meet in the middle, under the user.

Place the sling with the leg sections facing downward and the back section against the bed or underlying surface. Pull the sling between the sliding boards and the underlying surface until it reaches the user's tail bone. Ideally, placement of the sling should be performed by two caregivers, one on either side of the user, pulling the sling downward and taking care to ensure that it is centred under the user.

Remove the sliding boards and apply the leg sections (see the user manual for the sling model that is being used).

#### Material

Polvethene

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# Care of the product

The surface of the product can be cleaned with warm water or a soap solution. If disinfection is needed, 70 % ethanol, 45 % isopropanol or similar should be used.

Contact your local distributor if you have any questions about the product and its use.

See www.directhealthcaregroup.com for a complete list of distributors.

### **Expected lifetime**

Up to 10 years of normal use.

# Symbols

CE	This product complies with the requirements of the Medical Device Regulation 2017/745	<b>©</b>	Visual Inspection
MD	Medical Device	i	Read the manual
$\triangle$	Caution	REF	Product Code
	Manufacturer information	LOT	Batch Code

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#### Simple solutions for great results

SystemRoMedic® is the name of Direct Healthcare Group's unique easy transfer concept, the market's widest and most comprehensive range of clever, easy-to-use and safe transfer and lifting aids designed to make life easier, both for the user and for the caregiver. SystemRoMedic® is a complete solution that provides for the majority of patient transfer or manual handling requirements. From the simplest to the most complex scenarios, from the lightest to the heaviest. The concept encompasses assistive devices for four different categories of transfers:

- Transfer, assistive devices for manual transfers of users between two locations.
- Positioning, assistive devices for manual repositioning of users within the same location.
- Support, assistive devices for mobility support e.g., during sit-to-stand or gait training.
- Lifting, assistive devices for manual and mechanical lifting of users.

#### Improved work environment, improved quality of care and cost savings

The philosophy behind SystemRoMedic<sup>®</sup> is focused on the prevention and reduction of occupational injuries while allowing users to experience a greater sense of independence and dignity. Through a unique combination of training and a complete range of efficient transfer aids, SystemRoMedic<sup>®</sup> offers improvement of both work environment and quality of care and, at the same time, achieves significant cost savings.

#### Always make sure that you have the correct version of the manual

The most recent version of all manuals are available for downloading at/from our website; www.directhealthcaregroup.com

#### For questions about the product and its use

Please contact your local Direct Healthcare Group and SystemRoMedic® representative. A complete list of all our partners with their contact details can be found on our website; www.directhealthcaregroup.com.



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CE

Medical Device Class I. The product complies with the requirements of the Medical Devices Regulation 2017/745.