



SYMMETRISLEEP®

Starter Packs

SYMMETRIKIT
POSTURAL CARE

An introduction

Symmetrikit Postural Care have been successfully supplying their market leading Symmetrisleep Systems for over 25 years!

During this time, we have gained much experience in how to best support our valued Customers and End Users in delivering the very best outcomes for in-bed positioning.

Our Starter Packs make the prescription of Symmetrisleep as simple as possible for Clinicians, the use of Symmetrisleep straightforward for Families/Carers and the management of Symmetrisleep through Equipment Services and our valued Distributors effortless.

Why choose a Starter Pack?

- **ONE System/ALL Positioning Options** - Supine, Side Lying, Semi-Side Lying & Prone
- **One Visit Prescription** - Ease of Supply/**Reduced Clinical Costs**
- **Simple/Easy/Effective Training** - Using the same system for different End Users allows for Continuity, Easy Prescription and Simple Training
- **Ease of Use for Carer/Family** - **Sticker Chart Easy Reference Guide** with every system
- **Easy Stock Management/Velocity** - No more boxes of bits! 'Pick N Go'
- **Financial Planning/Budgeting** - Knowing the exact price of all systems, being able to forecast spend, allows for greater planning and allocation and the prescription to more End Users!!

What are the Benefits?

Our Starter Packs have been designed for **Children and Adults** who sleep in a single bed or bigger.

- Suitable for all types of mattresses including airflow/dynamic/turning/hybrid
- Supine, Side Lying, Semi-Side Lying & Prone positioning
- Pressure Relief through Airmantle Technology
- CoolOver Active Temperature Management
- **Assessment and Set Up in ONE VISIT!**
- Lightweight & Portable

AIRMANTLE

COOLOVER^{TR3}

Active temperature regulation





Each Starter Pack has been designed for use on a single bed or bigger. The packs can be used on any type of mattress and in various positions (to one side or central) as illustrated here on a double bed.



Sticker Chart Reference Guide

included with every pack



What's Included in the **Junior** Starter Pack?

- A - One Single Hook & Loop Flat Receptor Sheet (with guide marks)
- B - One Single Airmantle with CoolOver Cover and PU (wipedown) backing
- C - A Pair of Small Brackets
- D - A Pair of Medium Brackets
- E - One Medium Roll Cushion including CoolOver Cover
- F - One Medium Horseshoe Cushion including CoolOver Cover
- G - CoolOver Bracket Pads - Small (x2), Medium (x2)
- H - One Large Symmetrisleep Travel Bag (Blue)



Case Study



Myson, Jason, is now nearly 19 years old and I have been using the Symmetrikit Sleep System with him since 2000. Jason has severe Cerebral Palsy with associated Scoliosis and Kyphosis, muscle spasms, bi-lateral hip dislocation and he also has complex health needs. He suffers a great deal of pain and is frequently distressed during the day and night.

I can honestly say that the Symmetrikit Sleep System has been the best piece of postural equipment that we have ever had for Jason, without exception. It is comfortable for him, it helps to maintain his posture and it is also very easy to use. Whether it is being used overnight for sleep or during the day when he is unwell, or just wants to chill in his bed like all teenagers do, it provides for all of his postural needs.

Thank you for such an amazing piece of equipment!



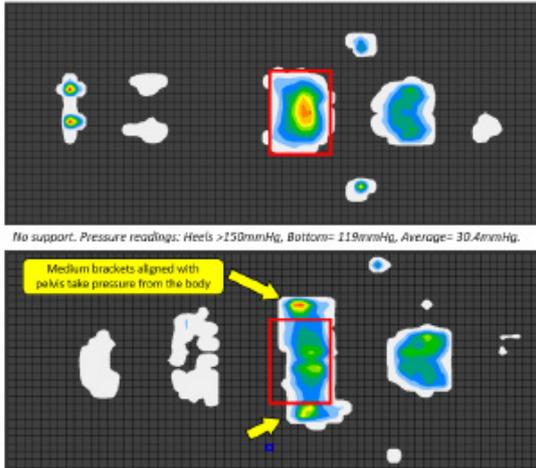
Sandy Astley

What's Included in the **Adult** Starter Pack?

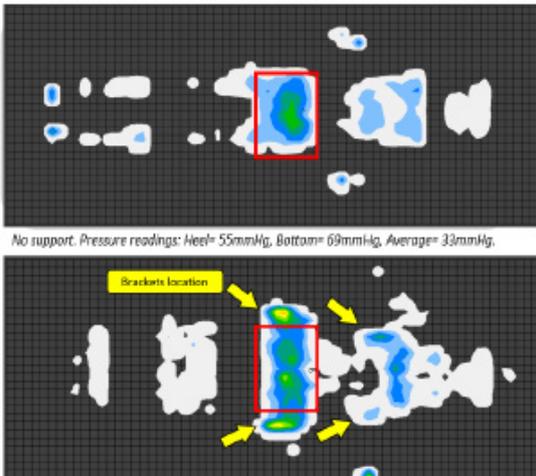
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- E - A Pair of Medium/Large Brackets
- F - One Medium Roll Cushion including CoolOver Cover
- G - One Large Horseshoe Cushion including CoolOver Cover
- H - CoolOver Bracket Pads - Small (x2), Medium (x2), Medium/Large (x2)
- I - One Large Symmetrisleep Travel Bag (Blue)



Foam mattress - Supine position



Air mattress - Supine position



AIRMANTLE

Our Airmantle technology, within every starter pack, has been proven to enhance the pressure relieving qualities of both Static and Dynamic mattresses.

It is a woven plastic that **overcomes the inevitable insulation**, caused by 'wrapping' the body within the supportive surface, through allowing **unobstructed airflow**. It also encourages **immediate immersion** as it doesn't need to warm up and soften like memory foam. It has been pressure mapped on foam, airflow, hybrid and turning mattresses.

Supporting Successful Outcomes: Technology

We have successfully supplied over 40,000 Symmetrisleep Systems, worldwide, since it was first launched in 1996.

Our Research and Development Team constantly research, test and develop new technologies to ensure we are delivering the very best solutions.

Pressure Care: AIRMANTLE

It is acknowledged that the best way to reduce the occurrence of Pressure Ulcers is to improve the distribution of pressure whilst minimising the risk of shear and friction.

- **Can be used on ANY bed or mattress**
- **Immediate Immersion support**
- **Air Circulation/Reduced Insulation**
- **Enhanced Pressure Relief and Comfort**

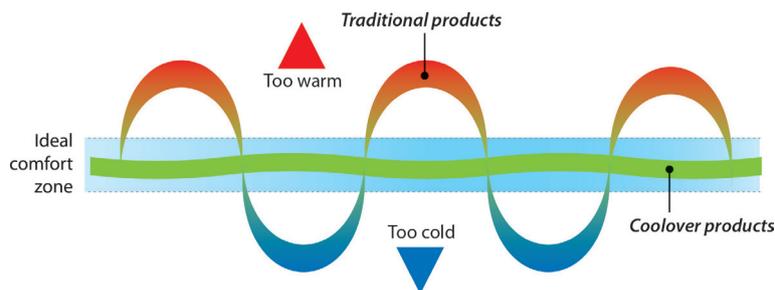


The NPUAP Guidelines 2014 have a section on Microclimate and Emerging Therapies to support in the Management of Microclimate. **A key recommendation is...**

'Consider the need for additional features such as ability to Control Moisture and Temperature when selecting a support surface'



CoolOver fabric uses a unique combination of technologies to actively manage the micro climate around an individual to keep skin dry and at a comfortable temperature. CoolOver Active Temperature Management Fabric can automatically regulate the Skin Temperature of the User to around 33°C.



The microcapsules within the yarn actively work to maintain a stable skin temperature. CoolOver absorbs heat when the user is too hot and releases it when they cool down.

Active Temperature Regulation: CoolOver

Body temperature

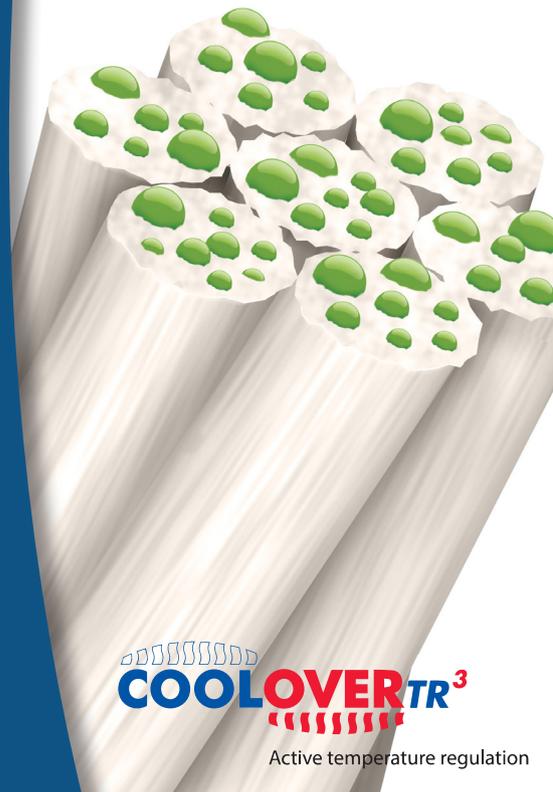
A normal body core temperature is circa. 36.7°C with a skin temperature between 32-34°C. The body performs best when the ambient atmosphere temperature is approx. 21°C and when this balance changes the body takes action to preserve its normal operating temperature by a combination of Radiation, Convection and Evaporation.

Skin temperature

The normal skin temperature is circa. 32-34°C. As skin temperature rises, its structure changes and its performance will alter. As skin warms or becomes very moist it starts to lose strength becoming more susceptible to damage. Risks such as tearing or damage from pressure become greater.



Omnitherm® Thermal Comfort



COOLOVERTR³

Active temperature regulation

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